



# Al-Islamia Preschool

5-7 Evington Street – Leicester – LE2 0SA – 0116 2515101 – preschool@alislamia.org.uk

## Autumn Term newsletter

### Assalamualaykum W.W

We hope this newsletter reaches you in the best of health of health and imaan. We would like to extend a warm welcome to our new and existing children and parents/carers at our preschool. The children have settled in well and the daily routine from the classroom to the playground is now running very efficiently and effectively. We are expecting a very busy term with fun things planned covering many aspects of learning and are delighted that you and your child/ren will be part of it.

### Session Timings

Toddlers and F1: Morning session 8.30am-11.30am Afternoon session 11.45am-2.45pm  
F2: 8.30am – 2.45pm

### Reminder

A clean set of spare clothes needs to be kept at the preschool for your child to change in to should the need arise. For children that are in nappies or pull ups, please provide 2-4 nappies or pull ups (whichever your child is using) and wipes; these will be kept in our setting on labelled pegs.

### Islamic Rhyme of term 1 Silver star

Brightly shining silver star,  
Who has made you as you are?  
Sparkling over land and sea,  
High above the highest tree,  
Allah created you and me  
In truth so perfectly



### Weather

It is a requirement of the Early Years curriculum that children access the outside environment regardless of the weather so can we remind parents to ensure that children are appropriately dressed when attending preschool.

As the weather will no doubt get colder over the coming weeks and second half of the term could we kindly remind you to ensure your child has a waterproof coat, hat, scarf, gloves and wellies etc. All clothing must be labelled clearly with your child's name. Iron on labels can be purchased from eBay



### Holiday dates

**School closes:** Friday 15<sup>th</sup> October 2021  
**School opens:** Monday 25<sup>th</sup> October 2021  
**School closes:** Friday 17<sup>th</sup> December 2021  
**School opens:** Wednesday 5<sup>th</sup> January 2021

### Absences

Please report any absences – long term or short term to the school office, on the day, within 30 minutes of your child's scheduled start time.



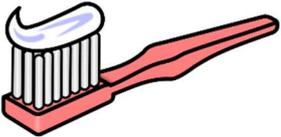


## Supervised Toothbrushing / How to improve and maintain your child's oral health

Supervised tooth brushing at preschool has been shown to be effective at improving oral health for children. As you are aware our preschool is participating in the Leicester City Council's supervised toothbrushing programme. Every day after snack children are encouraged to brush their teeth with fluoride toothpaste once a day.

There are a number of simple steps you can take to help improve and maintain your child's oral health:

- Take your child to see the dentist before they are at the age of 1 and make sure they visit the dentist regularly
  - Brush your child's teeth as soon as the first tooth appears
  - Encourage your child to brush their teeth at least twice a day
  - Don't rinse after brushing – Just spit the toothpaste out
    - Use a fluoride toothpaste
    - Ask your dentist about fluoride varnish
  - Limit sugary drinks and snacks to meal times only



Remember a regular teeth-cleaning routine is essential for good dental health!

### F2 Uniform

**All children in F2 are required to wear uniform after the half term break.**

**Girls:** -Black Abaya -Black pull on headscarf  
-Black joggers/trousers (no jeans)

-Black shoes -Grey cardigan/sweatshirt with the school logo

**Boys:** -Navy Jubbah/Kurta -White topi  
-Navy joggers/trousers (no jeans)

-Black shoes -Grey sweatshirt with the school logo

### Sunnah Focus Term 1

Week 3: To greet all Muslims with salaam

Week 4: To start everything with Bis.....

Week 5: To respect all people

Week 6: To wash both hands up to the wrist

Week 7: To have a pleasant smile

### Sunnah Focus Term 2

Week 1: Sitting down on a dastarkhan when eating/drinking

Week 2: To recite the du'aa before and after eating

Week 3: To brush the teeth with a miswaak

Week 4: To recite the du'aa before sleeping

Week 5: To recite Alhamduli... upon sneezing

Week 6: To visit a person when he/she is sick

Week 7: To lick the fingers after eating

Week 8: To start everything with the right

### Islamic Rhyme of the term 2

#### Five little seeds

Five little seeds lay planted one day  
In a garden far away  
A... made the rain come down  
And one little seed grew from the ground



### Our Staff

Salma Apa (Early Years Coordinator)

Haleemah Apa (Deputy Early Years Coordinator/SenCo)

Faaizah Apa (Toddler Practitioner)

Sana Apa (Toddler Practitioner)

Hana Apa (F1 Practitioner)

Sajidah Apa (F1 Practitioner)

Asma Apa (F2 Teacher)

Aaisha Apa (F2 Practitioner)





### Evidence Me

Parents are able to submit photos and videos of what their child has been doing to a special app or the app Web Suite

How to contribute to your child's observation portfolio through the app:

1. Open the Evidence Me by 2simple app on your device.

2. For each Parent Share observation, you can add evidence. This could be an activity or a piece of work.

Select an option on the app create screen to start your observation.

**TOP TIP:** Your observation will automatically appear on your recent observations bar so you can always edit it at a later date.

3. Tap **Add Learners+**– Please note a learner must be added in order for the observation to be sent to us.

4. Tap **Add Parent Notes+**

Observations will automatically be uploaded to the school's account as long as your device is connected to Wi-Fi.



### New EYFS changes - 2021

The Early Years Foundation Stage (EYFS) is being reformed and there is a new EYFS framework that all schools and settings will have to follow from September 2021. These national changes have been made to better support all young children's learning and development. It is also the aim that the new framework will better prepare children for the transition into key stage 1. There are some elements of the EYFS that have not significantly changed and some that have.

Below are some of the key points from the new EYFS reforms that include relevant changes which parents, carers and children may notice or experience.

- Staff will be spending less time on large amounts of written observations and assessments for evidence collection. This means they can spend more time supporting and engaging with the children and their learning and development needs.
  - Children will no longer be assessed against statements from an age band category. Instead, staff will use their experience and knowledge to monitor if a child's learning and development is on track for their age.
- The early learning goals at the end of reception have been changed to become more clear and easier to understand. Staff will use their judgements to assess if the children have met these goals at the end of the EYFS and inform parents and carers.
  - There is an emphasis on improving children's language and vocabulary through increasing opportunities for conversations, reading of a wide range of books and holding discussions around activities in other areas of learning.
- Literacy and numeracy skills focused on in the EYFS have been adapted to better match up with the national curriculum that starts in year 1.
- There is no longer an exceeding judgement at the end of reception. Children will instead be challenged to have a greater depth and understanding of ideas.
- Safeguarding and welfare of children is still a priority, with the added mention of teaching children about the importance of good oral health

### F2 Bookbags/Reading books

**All bookbags** will be sent home every **Friday** and **MUST** be returned to preschool on **Monday**. Your child's bookbag will consist of a reading book that is matched to their secure phonics knowledge. It is very important that your child brings this book back in their bookbag on **Monday**.

**Failure to do so will affect your child's reading fluency and your child will not be issued a new book.**

**All lost or damaged books will need to be paid for.**





### How to support your child's learning and development

- Read stories daily to your child and use them as an opportunity to talk about the characters and events in the story. You could also discuss some of the details children have spotted in the pictures, such as the character's facial expressions.
  - Have lots of conversations with your child throughout the day. Try and increase their vocabulary by using a wide range of vocabulary.
- Practise counting with your child and looking at small groups of items. Explore what happens to numbers when you put these small groups of items together, or split a larger group into two smaller groups.
  - Support your child's early reading by practising phonic skills, such as recognising letter sounds and blending them together to read words. Also, support your child with their writing by checking they are forming their letters in the correct way and holding a pencil properly. (F2)
  - Encourage your child to make healthy food and drink choices, especially related to sugar content and how this can affect teeth. Also, support your child to properly brush their teeth at least twice a day at home.
- Plan activities that allow your child to be active and develop their strength through large body movements as well as smaller, more precise movements.

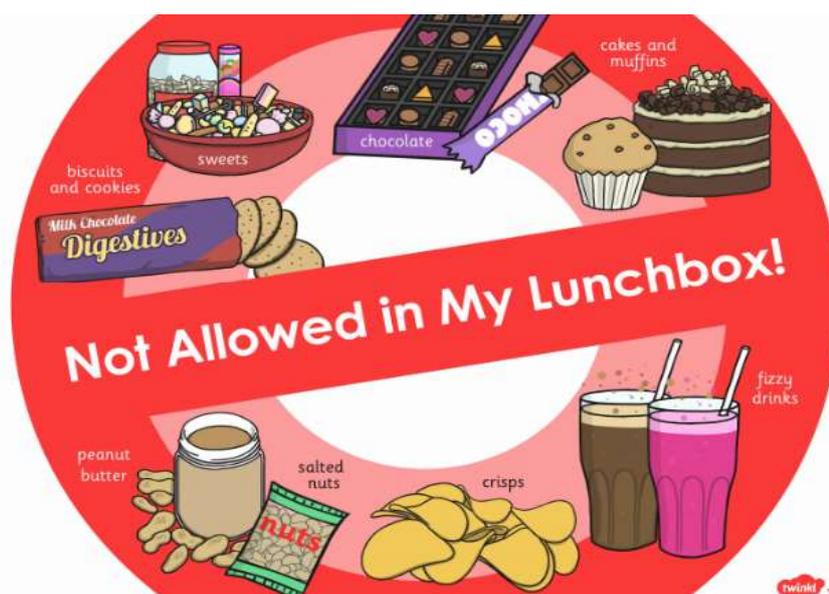
### Healthy Packed Lunches

A healthy lunch every day will give your child the energy and nutrients they need to grow, develop and learn. At Al-Islamia Preschool we encourage children to eat healthy therefore children are required to bring a healthy, balanced and nutritious packed lunch.

Children may bring **one** treat on **Fridays**.

Your child's packed lunch should include foods from the following food groups:

1 or 2 portions of STARCHY FOOD	1 portion of PROTEIN FOOD: meat, fish, eggs, beans, lentils or other alternatives	At least 1 portion of VEGETABLES	At least 1 portion of FRUIT	At least 1 portion of MILK OR DAIRY FOODS, or alternatives
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### F2 Routine

	8.30-8.45	8.45-9.00	9.00-9.30	9.30-10.05	10.05-10.25	10.25-10.45	10.45-11.10	11.10-11.30	11.30-12.30	12.30-12.45	12.50-1.30	1.30-2.15	2.15-2.45
Monday	Self-Registration / Play	Carpet time	Phonics	Spark Indoors / Outdoors	Maths	Story and Snack	Literacy	Daily Supported Reading	Lunch	1 to 1 Reading	Outdoors	Spark Indoors	Story time / Milk time
Tuesday													
Wednesday													
Thursday													
Friday													

### Toddler/F1 Themes

**20<sup>th</sup> Sep - 1<sup>st</sup> Oct**

All about me

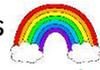
**4<sup>th</sup> Oct - 15<sup>th</sup> Oct**

Autumn



**25<sup>th</sup> Oct - 5<sup>th</sup> Nov**

Colours



**8<sup>th</sup> Nov - 19<sup>th</sup> Nov**

Animals

**2<sup>nd</sup> Nov - 3<sup>rd</sup> Dec**

Dinosaurs



**6<sup>th</sup> Dec - 17<sup>th</sup> Dec**

Winter

### Toddler/F1 Routine AM

**8.30-9.45** Children arrive, self-registration, play and Spark time

**9.45-10.00** Group time

**10.00-10.30** Snack time / Toothbrushing

**10.30-11.15** Outdoors

**11.15-11.30** Quiet time/Story time/Duas

**11.30** Home time

### Toddler/F1 Routine PM

**11.45-1.00** Children arrive, self-registration, play and Spark time

**1.00-1.15** Group time

**1.15-1.45** Snack time / Toothbrushing

**1.45-2.30** Outdoors

**2.30-2.45** Quiet time/Story time/Duas

**2.45** Home time



### F2 Themes

**Wb 20<sup>th</sup> Sep** Its good to be me (My family)

**Wb 27<sup>th</sup> Sep** Autumn, Seasons and Colours

**Wb 4<sup>th</sup> Oct** My Five Senses

**Wb 11<sup>th</sup> Oct** People who help us and my community

**Wb 25<sup>th</sup> Oct** Countries and continents and maps

**Wb 1<sup>st</sup> Nov** Different foods and flags

**Wb 8<sup>th</sup> Nov** Jungles/Rainforests

**Wb 15<sup>th</sup> Nov** Woodlands and Forests

**Wb 22<sup>nd</sup> Nov** Mountains and Volcanoes

**Wb 29<sup>th</sup> Nov** Space

**Wb 6<sup>th</sup> Dec** Under the Sea

**Wb 13<sup>th</sup> Dec** Winter/Frozen Planet



### Animal Man

On Tuesday 9<sup>th</sup> November 2021 your child will be experiencing the thrill of interacting with exotic and wild animals. We have arranged a visit from "The Animal man" to our preschool. All animals will be child-friendly, well trained and clean. The animals that will be visiting us are: Tarantula/Mini Beasts, Snakes, Lizards, an owl and two other mammals. A letter with more information will follow closer to the time.





## Policy of the term – Quality Provision Policy

EYFS: 1.1-1.17

At Al-Islamia Preschool we are passionate about providing high quality care and education for all children. High quality care leads directly to better outcomes for our children and all staff are committed to providing children with the best possible start in life and enable them to reach their full potential.

As part of our quality practice we ensure children receive the highest quality care and education by:

- Having high expectations for all children so they can achieve the best outcomes
- Building close attachments with children so they feel safe, secure, happy and can thrive
- Developing close relationships with families so together we can best support the child's individual learning and development
- Implementing all of the safeguarding and welfare requirements of the Early Years Foundation Stage (EYFS)
- Ensuring that the EYFS learning and development requirements are embedded including providing a curriculum that is underpinned by the EYFS principles, educational programmes and seven areas of learning and development
- Ensuring all the EYFS assessment requirements are met including the planning, observation, assessment and next steps and that they are linked to each individual child's needs and interests and are evaluated for effectiveness
- Having a highly qualified, skilled staff team that understand what is meant by high quality practice and how to deliver this. Deploying staff appropriately to meet the individual needs of all children
- Creating and achieving the nurseries quality vision, mission and outcomes
- Consistently delivering high quality practice and teaching that makes a difference to children's daily experiences
- Ensuring a solid understanding of the importance of pedagogy and child development amongst all practitioners
- Ensuring that the environment, resources and provision is of high quality both indoors and out; monitoring resources and equipment ensuring these are risk assessed, and fit for purpose
- Providing children with wonderful experiences and opportunities giving them the best start in life
- Valuing continuous professional development for all staff and accessing a variety of training and development to support the needs of the children in the nursery
- Appropriately assessing children's learning and development and recognising where children may need support and acting on this quickly
- Evaluating the effectiveness of training and link to the outcomes for children
- Ensuring all staff are confident and supported in their roles and have the training and skills they need to be able to perform their roles
- Conducting regular supervision meetings with all team members to ensure all staff are supported to be the best they can be
- Using peer on peer observations to share, discuss and improve practice across the setting
- Monitoring all practice and feedback ideas for improvement
- Undertaking a quality improvement programme to ensure quality is embedded throughout the nursery
- Engaging with families and carers and supporting the home learning environment
- Operating a robust and embedded quality improvement and evaluation process across the whole setting that includes all parties such as practitioners, children, parents and external partners.

