

Sunnah Focus Term 2

Week 1: To recite the du'aa before and after eating

Week 2: To brush the teeth with a miswaak

Week 3: To recite the du'aa before sleeping

Week 4: To recite Alhamduli... upon sneezing

Week 5: To visit a person when he/she is sick

Week 6: To lick the fingers after eating

Week 7: To start everything with the right

Week 8: To enter the toilet with the left foot