

Al Islamia Preschool

Autumn Term Newsletter 2026

Assalamualaykum W.W.

A very warm welcome to all our new and returning children and their parents/carers. We are looking forward to a happy, busy and purposeful autumn term, filled with opportunities for children to learn, play, communicate, build friendships and grow in confidence.

Meet Our Preschool Team

Our staff work together to provide a warm, safe and supportive learning environment for every child.

Staff Member	Role
Salma Apa	Early Years Coordinator
Saleha Apa	Deputy Early Years Coordinator / SENDCo
Hana Apa	Toddler Practitioner/SENDCo
Laiyba Apa	Toddler Apprentice
Aneesha Apa	F1 Practitioner
Faaizah Apa	F1 Practitioner
Ayesha Apa	F1 Assistant
Sana Apa	F2 Assistant
Asma Apa	F2 Teacher
Zainab Apa	F2 Teaching Assistant

ABSENCES

Please report all absences, whether short or long term, to the school office on the day, within 15 minutes of your child's scheduled start time.

SESSION TIMINGS

Toddlers & F1 morning: 8:25am–11:25am
Toddlers & F1 afternoon: 11:40am–2:40pm
F2: 8:25am–2:40pm

WHAT TO BRING

Please keep a clean set of spare clothes at preschool. For children in nappies or pull-ups, provide 2–4 nappies/pull-ups and wipes. Please label everything.

AUTUMN WEATHER

Please send suitable warm, waterproof clothing when needed. A warm hat and gloves may also be useful. Please label coats and other belongings.

A quick reminder

Please label coats, jumpers, bags, water bottles and other personal belongings. This helps us return items quickly and encourages children to recognise and care for their own belongings.

Our 2026 Autumn Learning**Communication & Language**

We encourage children to listen, talk, ask questions, learn new vocabulary and express their ideas. Adults model language throughout everyday routines, play and group experiences.

SIGN OF THE WEEK

Each week we introduce a new sign and encourage children and practitioners to use it during everyday communication. This supports children's understanding and gives every child another way to communicate.

F2 – PE/BOOK BAGS

PE day – Thursday, please ensure your child is sent to school with the correct clothing.

Book bags will be given out on Thursday and must be brought back on Monday.

Positive Behaviour • Our Golden Rules**Learning to be kind, safe and respectful**

We help children understand expectations through warm, consistent and age-appropriate guidance. Our golden rules support children to listen, take turns, use gentle hands, look after our environment and treat others with kindness and respect.

Duas & Supplications**Duas and supplications we have been reciting in the Preschool**

Salaam • Surah Ikhlaas • Kalima E Tayyibah with English translation • Kalima E Shahadah with English translation • Durood E Ibraheem (Fridays) • Tasbih Faatimi • Knowledge Dua with English translation • Dua before eating • Dua after eating • Dua when drinking milk • Dua when going to the toilet • Dua when leaving the toilet • Dua when going up the stairs • Dua when going down the stairs • Dua when raining • Dua when sneezing and reply.

Our Early Years Curriculum

At Al-Islamia Preschool we follow the Early Years Foundation Stage (Development Matters) to support your child's individual learning and development.

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Builds confidence and independence
- 

Encourages curiosity and exploration
- 

Supported by caring and engaged adults
- 

Helps children reach their full potential

Our aim is to equip children with the skills and knowledge they need to explore and understand the world around them through a well thought out learning environment and engaging experiences, both indoors and outdoors.

The Seven Areas of Learning

- Prime Areas**

 - Personal, Social and Emotional Development
 - Communication and Language
 - Physical Development
- Specific Areas**

 - Literacy
 - Mathematics
 - Understanding the World
 - Expressive Arts and Design



How We Deliver the Curriculum

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Observations
We upload a mix of group and individual observations to keep you updated on your child's learning.
- 

Monitoring Progress
We use regular check points to look closely at your child's learning and put strategies in place if needed.
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Two Year Progress Check
We complete the statutory progress check at the age of two.
- 

Room Transitions
We complete a transition document with you when your child moves rooms, so key people have up-to-date information.
- 

Moving to School
We produce transition documents to support your child's move to school.

Together we learn, grow and achieve

kind words



good sitting



good listening



kind hands and feet



good tidying



walk indoors



take turns



good looking

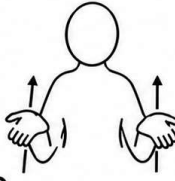
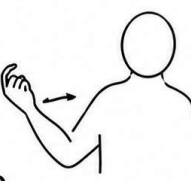


indoor voices



feet on the floor



 Hello	 Yes	 No
 Sit down	 Stand up	 Come
 Eat	 Drink	 Work

F2 ROUTINE

Every Morning

8:25–8:30 – Welcome
8:30–9:10 – Phonics
9:10–9:45 – Spark: Indoor/Outdoor Learning
9:45–10:10 – Handwriting – Group 1
10:10–10:15 – Madressa & Snack
10:15–10:45 – Maths

Monday–Wednesday

10:45–11:00 – Daily Supported Reading
11:00–11:25 – Literacy
11:25–12:25 – Lunch
12:25–12:40 – Handwriting – Group 2
12:40–12:50 – Individual Keep-Up Phonics
12:50–1:30 – Outdoor Learning
1:30–2:10 – Spark: Indoor/Outdoor Learning
2:10–2:40 – Story Time, Milk Time & Home Time

Thursday

10:45–11:00 – Daily Supported Reading
11:00–11:25 – Literacy
11:25–12:25 – Lunch
12:25–1:25 – P.E.
1:25–1:30 – Transition
1:30–2:10 – Lunch/Outdoor Learning
2:10–2:25 – Handwriting – Emerging Group
2:25–2:40 – Story Time, Milk Time & Home Time

Friday

10:45–11:00 – Spark: Indoor/Outdoor Learning
11:00–11:25 – Literacy
11:25–12:25 – Lunch
12:25–12:40 – Finger Gym Patterns
12:40–12:50 – Individual Keep-Up Phonics
12:50–1:30 – Outdoor Learning
1:30–2:10 – Spark: Indoor/Outdoor Learning
2:10–2:40 – Story Time, Milk Time & Home Time

Health, Wellbeing & Attendance

Illness • Please help us keep our preschool community well

If in doubt, please keep your child at home and review their symptoms before returning to preschool.

48-HOUR GUIDANCE

- Diarrhoea and/or vomiting – keep your child at home until 48 hours after the last episode.

PLEASE STAY HOME & REVIEW

- Fever over 38°C
- Lethargy
- Sore throat
- Undiagnosed rashes
- Persistent itching
- Wheezing or shortness of breath
- Uncovered sores
- Unusual colour
- Hard cough
- Constant runny nose with a green tint

SPARE CLOTHING

A clean set of spare clothes should be kept at preschool in case your child needs to change. Please check and refresh these as your child grows.

NAPPIES / PULL-UPS

If your child uses nappies or pull-ups, please provide 2–4 at a time, together with wipes. These will be stored on labelled pegs.

Working Together With Families

Your support makes a difference

Please keep us informed about anything that may affect your child's day at preschool. Regular attendance, clear communication and labelled belongings all help us provide a settled and positive experience.

Contact the Preschool

5–7 Evington Street, Leicester, LE2 0SA
Telephone: 0116 2515101
Email: preschool@alislamia.org.uk

Thank you for working with us to support children in developing positive relationships, independence and confidence.